

Fiberich

Effervescent Powder

Presentation: vich effervescent power each spoonful (supplied)
3gm plantago ovata husk.

Description: Psyllium husk is a gentle bulk-forming laxative. It contains upto 70% soluble fiber and 30% of insoluble fibers. The main chemical ingredients of Psyllium is mucilage, very useful in chronic constipation, piles, Gastritis and colon cancer, psyllium husk is capable of absorbing up to 40 times of water of its own weight part of its activity can be attributed to its action as a simple bulking agent. It swells as it absorbs water in the bowel and the increased bulk in the bowel helps regulate bowel movevs. It also softens stools and makes them pass through the bowel more easily which helps to relieve constipation. Psyllium reduce high cholesterol and blood glucose level, which is necessary for Diabetic & fatty patient.

Unique features of Fiberich: Fiberich effervescent powder is made from Psyllium husk with the help of high speed ultra fine mill to reduce the particle size, small particle size of Fiberich increased the volume of swelling, capacity that is much more effective to increase the stool mass than the normal psyllium husk.

* Effervescent powder-easy mix formula * Sugar free * Gluten free
* Orange flavored fiber drink * Non-genetically modified
* Non-habit forming laxative * Save for pregnant and lactating mother.

Indication Uses:

* Relieves chronic constipation * Maintains bowel movements
* Reduces high cholesterol * Fiberich relives gastritis
* Relieves chronic diarrhoea * Relieves obesity
* Reduce the risk of heart diseases * Relieves ulcerative colitis
* Fiberich control diabetes and * Relieves Irritable bowel syndrome.

Psyllium also provides easy bowel movement with smooth stool. So it is desirable in patient with anal fissures, colon cancer, post anal & rectal surgery and during pregnancy.

Dosage: Adult: 1 spoonful (Supplied) Fiberich powder mix with a glass

of water (150ml) 2-3 times daily or as directed by the physician.

children age (6-12 years): ½ (half) to 1 spoonful with a glass of water (150ml) in the morning and evening or as directed by the physician.

Side effects: Plantago ovata is natural and safe. Some people may experience mild abdominal distension, flatulence, Intestinal obstruction.

Contraindication: Fiberich is contraindicated if patient are allergic, Intestinal obstruction, Fical impaction.

Precautions: Do not take Fiberich powder without water. Before taking fiberich it mix with a glass of water (150ml) 2-3 times daily.

Use in Pregnancy and lactating mothers: Fiberich is not absorbed into the bloodstream and does not pay into breast milk therefore it can be used safety during pregnancy and lactation.

Drug interaction: Psyllium husk may delay gastric amptiring time and reduce the absorption of calcium, iron, and zinc. Therefore other medicine should be taken one hour before or after 2-4 hours.

Storage: Store in cool and place, keep out of reach of children.

Supply: Fiberich container contains 120gm psyllium husk effervescent powder.

Commercial Pack: Fiberich effervescent powder each container contains 120gm psyllium husk.



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